

Notes from the Liturgist

Happy New LITURGICAL YEAR

Year C (Sunday cycle) and Cycle I (Weekday cycle) Ordinary Time

There are three cycles in the Church's liturgical calendar: A, B, and C for Sundays and Cycle I and II for weekdays. This weekend, we will begin a new Liturgical Year C and it is also the beginning of the Advent Season.

During the Advent Season, we come to share with the Israelites the long wait for the Messiah. We enter into the expectation and anticipation for the coming of our Savior. This time is one of joyful anticipation, of waiting in hope with Mary, for the birth of our Lord.

We Catholics are encouraged to feel the spirit of Advent. To keep Advent, avoid rushing to Christmas. This season is the time of preparing our hearts for the celebration of Christ's birth; we also prepare our hearts for Jesus' Second Coming and fullness of the kingdom. The best way to prepare is by examining our lives and by celebrating the sacrament of reconciliation.

On the **19th of December** at 7 o'clock in the evening there will be an Advent Penance Service here in the church of Our Lady of Perpetual Help. The priests in the vicariate will be coming to hear confessions on that night. Everyone is invited to this beautiful liturgy and sacrament.

The next Coffee Catechesis Conversations is on the **9th of December** after the 8:30am Mass. The topic is "**THE INCARNATION.**" Everyone is welcome to attend.

This Sunday, **December 2nd**, during the 11am Mass is the Rite of Acceptance of our Catechumens and the Rite of Welcoming into full communion of our Candidates. As one community let us help them to prepare themselves to enter into our faith. Yes, we are patiently waiting for their final journey to enter into our Catholic Faith on Easter Vigil.

– ACE TUPASI